

FREE SPIRIT

December 2025

FEATURES

Winter Herbal Magic,
12 Days of Christmas

PLUS

December Horoscopes
& Reader Profiles

Elizabeth Olsen

Film: *'Eternity'* feels like a
meditation on love's endurance.



discover your future, release your past

Editor's letter

Are you starting to feel ready for Christmas? We are certainly getting into the festive spirit! Turn to page 3 for all the details of our Xmas Offer, running from 3rd–17th December.

If you're wondering which reader to choose, we have three featured this month. Bryony and Mary are both straight talkers — they'll tell you what you need to hear, not always what you want, but always with care and compassion. Sarah, meanwhile, takes us on a journey through herbal magic, sharing lovely tips for adding natural touches to your home décor this December.

In other news, we wanted to update you on how we use your data — a dry topic, we know! We've refreshed our Privacy Notice and website information. These changes don't alter how we use your data; they simply make things clearer and easier to understand.

The new wording explains how we may contact existing clients under Legitimate Interest and reaffirms our commitment to protecting your privacy.

You don't need to take any action, but you can read the updated Privacy Notice at www.psychiclight.com/privacy-notice/ or update your preferences anytime via unsubscribe@bureautelecoms.com.

Wishing you a very Merry Christmas, may the season be everything you wish for! Charlotte

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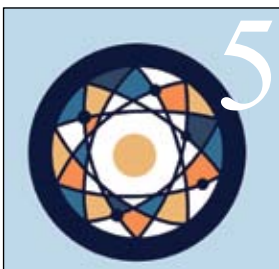
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INSIDE FREE SPIRIT Magazine December 2025



Elizabeth Olsen image: Kathy Hutchins / Shutterstock.com

As Christmas approaches, we want to take a moment to thank you for your continued support and to wish you peace, joy, good health, and success in the year ahead.

To spread a little festive cheer, we're delighted to share a special Christmas offer on your readings...

From 3rd to 17th December 2025 (inclusive), a 20-minute credit card reading will cost just £27.95.
Saving you £5.00 on every call!

To enjoy this offer, simply call
Freephone 0800 915 2347
and quote **"Deck the Halls."**

The offer is available **8am – 10pm** each day, and you can use your discount code as many times as you like during the offer period.

Please note: this Christmas offer applies only to full-price credit card readings and may not be combined with any other promotion, such as the New Client Offer. Outside of the offer dates and times, the standard rate applies:
£32.95 for the first 20 minutes,
£1.50 per minute thereafter.

Wishing you a very Merry Christmas and a bright, prosperous New Year!

Reader Profile

Bryony

PIN: 2727



Bryony is an intuitive psychic with decades of experience, working closely with her faithful spiritual guide to bring clients clarity, insight, and direction. Together, they focus on providing honest, compassionate, and constructive readings that empower people to make confident decisions and move forward in life.

Naturally caring and nurturing, Bryony describes herself as a “giver” who approaches every client with empathy, patience, and loyalty. She is a strong believer in facts as a form of protection, delivering the facts as they are shown to her rather than simply what clients might wish to hear. Her aim is to illuminate reality, assisting people as they recognise the lessons and opportunities within their situations — even when the messages are challenging.

A particular area of Bryony's expertise lies in **love and relationship readings**. Working with her guide, she can identify why a relationship feels blocked and offer spiritual solutions to restore connection. Equally, if her guide indicates that a relationship is unlikely to fulfil someone's emotional needs, Bryony provides the clarity needed to move on with peace and strength. She believes that honesty clears confusion and wasted time, allowing clients to step confidently onto the right path. As she often says, *“Sometimes in love, you can't see the wood for the trees — I let you see the reality so you can understand what's really there.”*

Beyond relationship guidance, Bryony draws on extensive **business and career experience**, particularly in troubleshooting and development. She offers intuitive readings for professional situations, identifying obstacles, uncovering hidden dynamics, and guiding clients towards better environments and opportunities.

Bryony also works with those struggling with **self-doubt, low confidence, or emotional wounds** stemming from difficult relationships, toxic workplaces, or past experiences. Her readings often include healing and self-empowerment, supporting clients as they recognise their strengths and rebuild belief in themselves. She sees every session as an opportunity to restore balance and nurture personal growth.

Through her own spiritual journey, Bryony has learned to face realities with courage and to have belief in the wisdom of her guide. This experience allows her to offer grounded, authentic, and compassionate advice to others seeking understanding and peace.

Bryony looks forward to connecting with those who are ready to embrace clarity, healing, and positive change. *Sending love, peace, and care – Bryony.*

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winter

SOLSTICE

Winter Solstice occurs on Sunday 21st December in the UK, it is so close to Christmas, and if everything is feeling like it's going a hundred miles an hour – then it can be a great time to just take a pause in breath. The Winter Solstice is of course the still point between darkness and dawn, as the light fades on 2025, let the ancient stirring of solstice on the Earth mark a quiet, still moment for you.

On this longest night of the year, the Sun is re-born! For centuries, the solstices have marked a time of both endings and beginnings. Spiritually, this season can feel like a vibration of stirring energy. As a gentle excitement builds for what is to come.

It is natural that at this time of year, we are awash with shopping, cooking, celebrating and general merriment, but it is great to remember that there is magic to be had in the stillness too. If things feel overwhelming at points, remember to slow down, listen to what really matters, and what is really important – and find your centre once more.

Light from Dark

Have you noticed that in recent years, people are celebrating the season with a lot more twinkle lights? Ancient traditions meet modern times, as we celebrate celestial happenings and find meaning beyond the glitter. The Earth turns to the Sun during Solstice, and we turn to our inner-light. We embrace the Christmas season for its giving nature and warmth. We are reminded that both seasons have the same message – light, love and hope returns.

Heart of the Season

It is natural that many of us dislike when the clocks go back, darker evenings and colder weather are not everyone's cup of tea. Equally, for many the Christmas season can be a heady mix of joy and sadness. Memories of those we have lost, or feelings of loneliness are enhanced at this time of year. The winter solstice teaches us to honour our feelings around the darkness, but to hold on to the thought that lightness will break through again, and so too in time you will feel lighter. Share in laughter wherever you can, if your situation allows, acts of kindness at this time of year are most welcome, remember you are not alone in your feelings, light a candle for healing, renewal and love.

The Gift of Solstice

Don't add to your 'to-do' list at this time of year, thinking that you need a specific ritual to harness the power of the winter solstice. Wherever time allows, just try to take a few quiet moments for yourself. Breathe in all the season has to offer, and find the joy in the little things. Just noticing the changing rhythm and being present in the moment is all anyone can expect and ask for!



Day 1 – Guiding Light

- Light a single candle – any colour will work. Look at the glow, breathe deeply and feel your heart expand, and feel peace fill your aura. If the days ahead get tough and busy, remind yourself of this day one guiding light.

Day 2 – Cleansing

- A happy space, provides a happy mind. Now is a great time to cleanse your home. Do whatever feels right for you, whether than means smudging, or de-cluttering, or cleaning. See Sarah's article for ideas on adding magical herbs.

Day 3 – Gratitude

- Now is a great time to write down everything you have been thankful for in 2025, both big and small. Get your family to join in. Keep your list on the fridge or on a mirror that you will see often. Seeing your blessings is a great motivator when things feel tough.

Day 4 – Guidance

- Lean into the spirit of Christmas and ask your favourite Archangel for guidance. Or if you prefer, pull one Tarot card – and ask your question. No need to over-think things, just go with your gut on what you need to know. Note down any thoughts and feelings to reflect back on.



If you struggle to find 'me-time' in the run up to Christmas, then why not follow along with our daily rituals to spark love, intuition and divine guidance during this holiday season.

Pick a start date that works for you, perhaps 1st-12th Dec, or the 14th-25th Dec – ending on Christmas Day, or the 20th-31st Dec – just in time for Winter Solstice (21st) and ending on New Year's Eve (31st). These soul rituals are designed to just take a few minutes per day, and to let you open up your heart, align your energy, feel grounded and invite the magic and wonder of the season into your home and mind.

Day 5 – Peace

- For this ritual, the trick is to sit in silence for five minutes. For some of us, this is a lot harder than it sounds. Focus on your breathing, let your thoughts and emotions come to the fore, acknowledge them, even thank them for coming, and then release the energy for peaceful healing. You might find it easier to stare at something – a clock, a painting, a mandala or lit candle.

Day 6 – Crystal Healing

- Pick a crystal to hold, one that suits the area of life in need of a little encouragement. You might select Rose Quartz for love, Clear Quartz if clarity is needed, or Amethyst to find calm. Let the crystal be a reminder of your shining inner-light and soul-strength. If it is small enough, carry it on your person for the day.

Day 7 – Loved Ones in Spirit

- It's only natural to be thinking more often of those that have passed. You could light a candle for them, whilst saying their name out loud. You could even ask them to send a message that they are near. Perhaps you will hear a favourite song, smell a special scent or find a feather!

Day 8 – Giving

- Open your heart chakra with the gift of giving. If your circumstances allow, donating something or your time to a worthy cause would be amazing. Acts of kindness, especially to strangers are more needed than ever – something as simple as a smile or chat. Let those you love know they are forever in your heart. Give the gift of your time, and attention and without expectation of anything in return. Your love will come back multiplied!

Day 9 – Divine Dreams

- If you feel in need of divine inspiration, then before sleep, ask your spirit guides to visit you in your dreams. Keep a notebook near your bed, in case you wake with any thoughts or feelings – jot them down, they may just mean something to you later on.

Day 10 – Let in the Sounds

- Music and sounds can really lift the soul, and the Christmas season is typically a cacophony of noises – drink it all in. From the Salvation Army band playing, to buskers in the street, to carol singers at your door, church choirs and even the DJ at the office 'do'. Let the vibrations of the music wash over your soul and clear away old emotions.



Day 11 – Manifest your Wish

- As 2025 nears the end, take some time to think about a heartfelt wish that you desire for the coming year. Write it down on a piece of paper, hold the wish to your heart and in your minds eye, visualise it coming to fruition. Place it somewhere special in your home, perhaps in a jewellery box or under a crystal or even on your Christmas Tree until New Year's Eve. Then wait patiently for your dream to come true in 2026.

Day 12 – Mantra

- Take a moment to stand in your home, maybe looking out of your kitchen window, possibly admiring your Christmas lights, or next to your sparkly Christmas tree. Feel gratitude for the love, both spiritual and physical that surrounds you.

Whisper a mantra to yourself that resonates with you. Here are some great examples:

"I let go of stress and embrace calm and peace."

"The true spirit of Christmas lies in your heart"

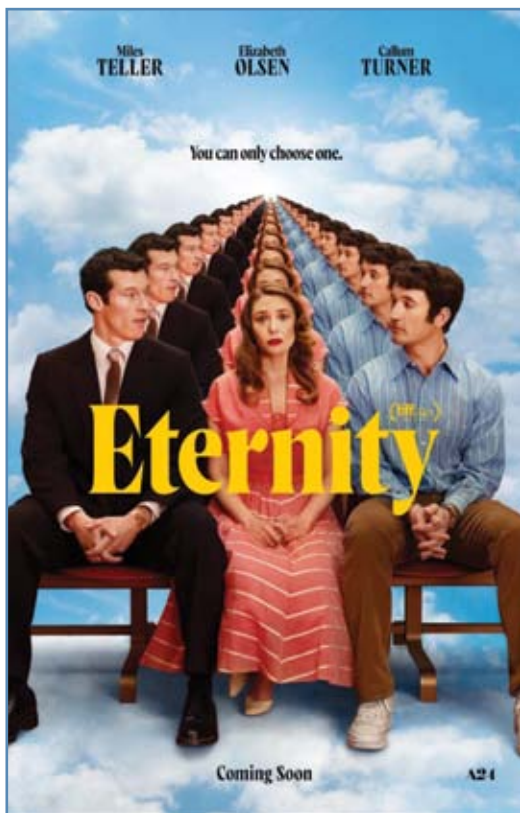
"I am deserving and worthy of good things."

"I am light. I am love. I am blessed!"

"Presence over presents."

Let your light shine through this Christmas, through kindness, clarity and connection!

Wishing you and your family so much happiness and joy.



Elizabeth Olsen Steps Beyond Time in Eternity

In her latest film, *Eternity*, Elizabeth Olsen takes audiences on a journey that stretches far beyond the borders of life itself. Known for her emotionally rich performances, Olsen now stars as Joan — a woman who finds herself at a cosmic crossroads after death, faced with a decision that will determine her forever.

Set in a tranquil, dreamlike state between worlds, *Eternity* invites viewers to imagine what happens when love continues after life has ended. Joan is given one week to choose where, and more importantly *with whom*, she wishes to spend eternity. On one side is Larry, played by Miles Teller — the steady, loving husband with whom she shared a lifetime. On the other stands Luke, portrayed by Callum Turner — her first love, lost tragically young, whose soul has been waiting patiently for her arrival.

It's a dilemma that's as spiritual as it is romantic: does eternity belong to the one who shaped your life, or the one who captured your heart before time took them away?

A Love Story with Soul

Directed by David Freyne, *Eternity* weaves its fantasy elements through the gentle humour and warmth of a romantic comedy. While its afterlife setting might sound otherworldly, the film's heartbeat is strikingly human. It speaks to that deeply familiar question of what truly endures when everything else fades: love, memory, or the choices that define who we are.

Olsen has described the film as “a reflection on what we carry with us — emotionally, spiritually, and even energetically.” She plays Joan not as a ghost or goddess, but as a woman looking inward, confronting her own attachments and regrets. Teller and Turner both bring understated charm and sincerity to their roles, creating a love triangle that feels less like competition and more like contemplation.

Why It Feels Different

Produced by A24, a studio known for thoughtful stories; *Eternity* doesn't rely on spectacle or special effects. Instead, it paints the afterlife as a peaceful, light-filled space where time slows down and emotions take centre stage. The film will speak to anyone who's ever wondered about the soul's journey, or felt that connections don't simply vanish when a life ends.

A Film for the Heart and Spirit

More than a romance, *Eternity* feels like a meditation on love's endurance. It's moving without being sentimental, playful without losing its poignancy. For anyone curious about what love might look like from beyond, it's a film that promises both wonder and warmth.

Eternity opens in UK cinemas on the 12th December, inviting audiences to ask themselves: when the soul moves on, what and who comes with us?

<https://a24films.com/films/eternity>

Movie image: Courtesy of A24

Reader Profile

Mary

PIN: 5055



Mary is an exceptionally gifted psychic, medium, and healer whose natural abilities have been evident since childhood. Born and raised in Ireland, she grew up with a deep sense of spirituality, though her early experiences often conflicted with the strict traditions of her Catholic upbringing. Despite this, Mary's intuitive nature continued to flourish, allowing her to sense the emotions and energy of others long before she began working professionally.

At the age of nineteen, Mary moved to London to train as a nurse at Guy's Hospital, embarking on a ten-year career within the NHS. Her medical background gave her a profound understanding of people, both physically and emotionally. Over time, this knowledge blended naturally with her psychic and healing gifts. In the early 1990s, she began studying a range of complementary and holistic therapies, including **Bowen Therapy and EFT**, and went on to hold successful healing clinics in both the UK and abroad.

Mary's readings are known for being **honest, direct, and deeply insightful**. She believes in **telling clients what they need to hear rather than simply what they want to hear**, letting them see clearly and take ownership of their challenges. Her style is practical yet compassionate, often breaking issues down step by step so that clients can understand the root causes and move forward with renewed strength and confidence.

Energy readings are one of Mary's specialities. She quickly identifies emotional, physical, or psychological blocks that may be affecting wellbeing and works with clients to restore balance. Mary encourages each person to explore their past, present, and future so they can make empowered decisions with clarity and purpose.

A strong believer in free will, Mary guides her clients towards recognising their own inner power. She does not offer predictive readings, as she feels that doing so can limit personal growth. Instead, her goal is to inspire self-awareness and confidence, enabling individuals to take responsibility for their own paths.

Animals also play a special role in Mary's life and work. She has a unique healing connection with them and can often communicate with pets who have passed, bringing comfort to those in grief.

With her Irish warmth, medical understanding, and spiritual depth, Mary combines empathy with honesty—assisting every client to find clarity, healing, and empowerment in their lives.

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Winter Herbal Magic

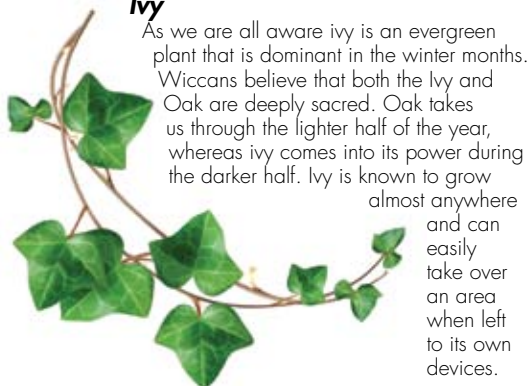
Written by Reader Sarah
PIN: 9888



As we head into the depths of winter it is a time when most of us spend more time inside and away from direct contact with the outdoors and nature. This does not mean, however, that we have to feel detached from what the natural world has to offer at this time as there are many herbs, plants and natural talismans that can be brought into the home to celebrate the darker half of the year. In fact, some of the spiritual meanings and uses associated with nature's harvest at this time of year are the strongest and most powerful. It may surprise you just how powerful and potent some of the plants, herbs and symbols we have all grown up with truly are!

Let's take a look at the spiritual meanings and uses of some more well-known plants, herbs and objects first:

Ivy



As we are all aware ivy is an evergreen plant that is dominant in the winter months. Wiccans believe that both the Ivy and Oak are deeply sacred. Oak takes us through the lighter half of the year, whereas ivy comes into its power during the darker half. Ivy is known to grow almost anywhere and can easily take over an area when left to its own devices.

With this in mind it is no surprise that it symbolises strength, determination and resilience. It also represents eternal life (being evergreen) and immortality. Bringing ivy into your home in the form of a wreath or small potted plant can be a great way to celebrate this hardy plant during winter. Always be aware that ivy is also called poison ivy for good reason. Avoid too much contact with bare skin and never eat it!



Holly

Holly has very similar representations to ivy and can be used together in wreaths, altars and displays within your home. Holly is a great protector and is said to protect the bearer or home from evils of the world. For hundreds of years holly has been shaped into wreaths and crowns to protect the wearer and home. Either holly with berries or without can be used. A little-known fact is that holly bushes are in fact male or female. The female bushes produce red berries whereas the male plants give darker, more varied leaves.



Mistletoe

A very common plant used around the winter months as part of decorations and Christmas traditions. Mistletoe is in fact extremely poisonous! It symbolises fertility, protection, renewal and love. The fertility and love aspects of this plant give meaning to 'kissing under the mistletoe'. Like the two plants mentioned before, mistletoe is an evergreen plant, showing resilience against the cold darker months.

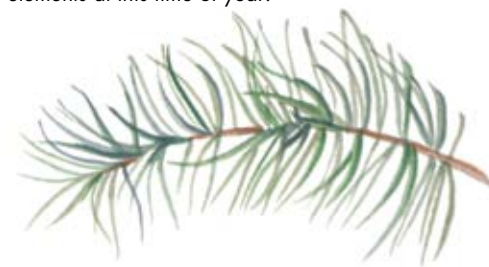


Cinnamon

A spice that has many magical uses throughout the year, cinnamon has even deeper meanings over winter. Its fiery taste and smell represent the element of fire and warmth when there seems to be none outside. Sprinkling

cinnamon around your open doors and windows is a ritual for protection and banishing of evil energies. Adding cinnamon to cooking can boost metabolism and immune systems as well as being anti-inflammatory and packed full of vitamins and minerals. It can even help control blood sugar levels which is why we often add it to sugary or sweet foods!

Now, let's take a look at some less familiar natural elements at this time of year:



Pine

Pine and the beautiful smell of pine is associated with protection, purification and healing. Burning the scent of pine in your home is very refreshing and cleansing during winter months.

Juniper

Juniper and its berries can be used in decorations and represent protection, health and love. A very versatile plant which is within the same family as rosemary. It is worth mentioning here that rosemary is an exceptionally powerful herb and can be used in conjunction with juniper for love, health, purification and remembrance.



- In a future article we will take a look at the physical ways in which to use herbs, plants and objects within your own magical practice.

The element that is often associated with winter is fire. As Christmas approaches, our homes become places of warmth, light and shared spirit. Decorating with evergreens, lighting candles, or simmering herbs and spices such as cinnamon and clove are beautiful ways to weave a little magic into Yuletide celebrations. Burning incense and candles is perfect for creating a spiritual home and incorporating the plants above into your altar and general decorations means that the power of nature is never far away. Each flicker of candlelight can represent hope and renewal, while the scent of pine and spice reminds us of nature's quiet endurance through the cold. This is also a time to celebrate love and kindness — to give, receive, and recognise the light that connects us all. Whether you honour the season with ritual, reflection, or simple gratitude, may your winter days be filled with peace, protection and a touch of enchantment.



Best wishes as always, Sarah



The Magic of Giving



ou can feel the festive anticipation in the air. Houses are decorated inside and out, supermarkets are filled to the brim with delightful Christmas bites, and retail shops are humming with gift ideas, for our nearest and dearest.

Of course, beyond the wrapping paper and ribbons is something more profound – the magic of giving! When we give from the heart, when we give our time and attention, as well as physical gifts – we are not just embarking on a material exchange, but one of generosity and connection.

Put more spiritually, giving is a vibration in motion. Whether your acts of kindness, are big or small, each and every one sends a ripple through the universe. The secret is to give consciously and more importantly without expectation – pure acts of unconditional love.

Every Gift has an Energy

Every word we speak, thought we have, and action we take carries an energy. When you select a card or gift, with time and thought, that joy of matching the perfect item to the person in question is a vibration of energy being carried forward.

When you are making your Christmas gift lists or going shopping, pause and reflect on each person, and gift with the intention of love.

You might say to yourself, something like “May this gift bring (insert name here) light, joy and happiness.”

If the shopping and wrapping start to feel like a chore, and just another job on your list – let’s be honest – we have all been there! Then try to remind yourself that you are not just handing over an object, but are offering a spark of your soul’s warmth to someone you care about.

Not all gifts can be wrapped!

Not all gifts need to be physical objects, offering a listening ear to someone who is down this season. Volunteering at the church or school craft fair. Donating supplies to a food bank. A warm smile or chat with a stranger when you are out and about. A family newsletter delivered in a card to friends gone by and family far away.

All of these offerings hold more power than you might imagine – Spirit often guides us that the most healing gifts are the ones we cannot see! Even your positive energy can light up a room, and bring an aura of peace and kindness.

True Gifts

This year has been economically tough for many, and every year there will be people finding themselves without much spare cash. It’s important to remember that the magic of giving is not determined or measured by how much you spend, but by your heartfelt gestures.

Approach this year’s gifting with the concept of ‘gifting to express, not gifting to impress’. Gift with love, and receive with grace – and you will have the most magical season there is.

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PIN: 3622

Adele

Adele is an awakened empath and spiritual healer. She can guide clients by passing on messages and information to suggest powerful solutions for their future. Adele is open to all sorts of possibilities and is highly receptive to angelic guidance.



PIN: 1180

Ellie

Ellie is a clairaudient, clairsentient and spiritual medium from a Turkish gypsy background. She can tune into the soul of a person and see the questions that need answering without that person having to say a word.



PIN: 3203

Hope

Hope is a gifted healer, psychic and medium, with an inherited gift. She is proficient in psychometry, the I Ching, Tarot, palmistry and more. Hope wants to give you messages from Spirit that will allow you to heal and move forward.



PIN: 4499

Josephine

Josephine leads people on a journey toward spiritual awakening, combining clairvoyance, clairaudience, clairsentience, and remote viewing. With a deep bond to the angelic realm, she offers valuable advice, healing, and empowerment.



PIN: 1881

Mariah

Mariah is a medium, clairvoyant and healer; her style is honest and compassionate. Through Spirit, she will support, empower and illuminate, just as her guides have done for her. Mariah specialises in bringing clarity to situations which may be causing you pain and stress.



PIN: 3443

Robbie

Robbie is a very positive and powerful trance medium, healer and intuit. A natural psychic since childhood, he works with his Samurai guide Yashubi and Archangel Metatron to connect with your guides for whatever particular worry or concern you may have.

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Astrology

With our
expert:

Chrystalyte

Welcome to Free Spirit's in-depth
horoscopes for December 2025



Aries

The change of pace with Mars heading into Capricorn around December 15th makes this a month of two halves. Early on it's all about wide-open possibilities, with Mars still in high-aiming Sagittarius. Capricorn helps to ground and bring matters down to earth so it's possible to sift the wheat from the chaff. Once you see which opportunities are real goers, you can put greater energy behind achieving your goals. It may feel like you're on your own with certain projects, but this also goes with the blessing of less interference.



Taurus

Expansiveness abounds in your social world now that Venus is moving through fiery Sagittarius, adding to inner confidence. You may well have feedback from others that prompts you to explore a wider field, perhaps reflecting a growing awareness that you have been limited or just not stretching yourself for a while. Challenges to Venus from Saturn and Neptune across December 21-24 – and a move of Venus into earthy Capricorn directly after – suggest it's time to home in on solid attachments, whilst letting go of those becoming harder to pin down.



Gemini

The Gemini ability to shift paths swiftly – and if necessary, shift back again later – is at the fore now, with a full Moon in your sign showing that something could be adrift in a situation that has perhaps become too familiar. Being able to embrace a spirit of adventure is a real blessing, especially with a coming new Moon in your opposite sign of Sagittarius on December 20th. Mercury also shifts into that same sign near mid-month, with everything sign-posted towards a bigger, better vista. Be ready to be choosy.



Libra

Venus has now entered the bold, courageous sign of Sagittarius, ready for a new adventure. It's a bit like walking out of the suffocating atmosphere of a very limited space, and out into the fresh vista of a sunny day, where anything seems possible! It seems you are a free agent up to around the 21st, when Saturn signals some limitations or other obstacles to navigate. Venus will enter Capricorn on the 24th, adding a sense of responsibility around a relationship situation. You could benefit from assistance from a trusted authority.



Scorpio

Mercury, planet of thought & communication, continues in Scorpio with good contacts to Jupiter & Saturn along the way, indicating opportunities to get points aired/understood. You may also be able to appreciate more about the limits of a situation, which merit careful consideration. Around the 13th, with Mercury then in expansive Sagittarius, there is scope to put a sticky problem behind you and be able to tackle bigger, brighter projects. A similar reshuffle in relationships is indicated by an early Venus-Pluto link, clearing something painful.



Sagittarius

Venus follows Mars in Sagittarius as the month opens, as though one planet has cleared a path, making fruitful new connections far more possible. Mercury joins the happy clan from the 11th, going on to link well with Pluto, suggesting a flushing out of old, stale or toxic energy. Venus is at odds with Saturn around the 21st, placing an obstacle to somehow get around. Mercury hits a similar bump with killjoy Saturn near month's end, signalling a need to renegotiate. Summon up needed patience for managing any temporary glitches!



Cancer

If a situation seems to be past its best-by date, fret not because there will be better options down the line. You may have to challenge yourself to move out of any recent comfort zone, or to try something different, especially around the new Moon in adventurous Sagittarius on December 20th. It will help to fix your eyes firmly on the horizon, rather than allowing thoughts to turn inwards too often. With Jupiter in retrograde motion in Cancer there's bound to be some backtracking too, which releases fresh energy overall.



Leo

Your leadership ability is important, especially when it comes to dealing with down-to-earth, practical matters. Others may have aspirations and be full of enthusiasm for projects, but pinning down the practical details and taking solid steps forward is vital for clear progress. Leo shares a fixed sense of purpose with Taurus, where wild-card planet Uranus now links dynamically with the Dec 4th full Moon. Similar dynamics between the Sun, Saturn and Neptune across the 17th to 21st warn against flakiness or plot-loss; keep on pushing the effort home!



Virgo

One of Virgo's advantages is in being able to shift out of restrictive circumstances through an innate flexibility. This can help you now in recognising where anything is too limiting, and being able to take a different tactic. A certain persistence may feel necessary up to the 11th whilst Mercury remains in the intensely focussed sign of Scorpio, but then a fresh perspective opens with a shift to Sagittarius. New doors opening should coincide with renewed hope and faith, alongside projects that encompass a rejuvenating sense of liberation and adventure.



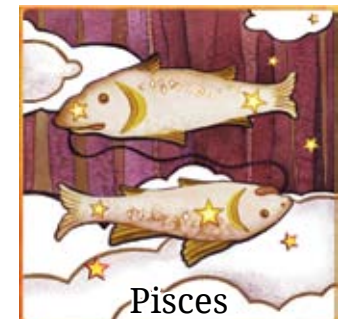
Capricorn

Saturn forms both easy and challenging links with other planets this month. A helpful Mercury connection enhances communication with just a little effort around the 7th. Mars and Saturn at odds on the 9th warns against trying to push too hard with something that needs time; you may just create double the work. An echoed pattern with the Sun around the 17th warns to allow a creative project sufficient scope to develop. Venus's copycat version on the 21st carries the same theme through to relationships. It seems it needs more time!



Aquarius

Opposition between Uranus & Mercury around the 10th points to surprise news, information or developments that could be disruptive. Resistance may seem futile, since Uranus often points to matters beyond control or negotiation. There could be positive side effects to coming changes, so keep a look out for the silver-lining! It's possible someone could take certain comments or advice the wrong way. Aim to consider that it's their issue, not yours, but you may also benefit from seeking input from trusted others with whom you feel a bond.



Pisces

Neptune appears to change direction to forward motion against the zodiac around Dec 10th, which marks a positive sea-change. Something that has been too painful to deal with could now merge into the background and become more bearable. Anything that was too unclear to be fathomable may have more lucidity even if only from a rather mystical angle. Mercury aligns well with Neptune, helping with finally being heard and getting points across succinctly. New challenges present (14th, 21st and 24th) which you can handle well creatively.



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