

FREE SPIRIT

July 2022



FEATURES

Acupressure, Mindfulness,
What type of reading do I need?

PLUS

July Horoscopes
& Reader Profiles

Adele *(plus many more!)*

Dig out your wellies,
Music Festivals are back!

discover your future, release your past

Editor's letter

So, summer is in full swing, and whether you have children and they have broken up from school, or you are foot-loose and fancy-free, there is a music festival just for you! Check out our breakdown on page 8, Adele (our cover star; might be sold out), but there are plenty of headliners to see.

If you fancy a slower pace this July, then why not check out our healing articles on the art of Gua Sha, a form of facial massage using a piece of Jade. Or turn to page 10 for info on Acupressure, or perhaps utilising mindfulness is what you need right now?

We continue our Numerology series - it's number 6's turn! Plus, we dive deep into the Cancer star sign.

On the divination front, Sarah looks at the types of Psychic Readings that are available. We also check back in with a long-standing and highly regarded reader - Jasmine. Then, we investigate the ancient form of Auspicy - interpreting bird flight, and look at folklore and magpies.

Don't forget to turn to pages 14 & 15 for your July horoscopes!

Why not embrace the month of Wimbledon, and enjoy some strawberries & cream?

Charlotte

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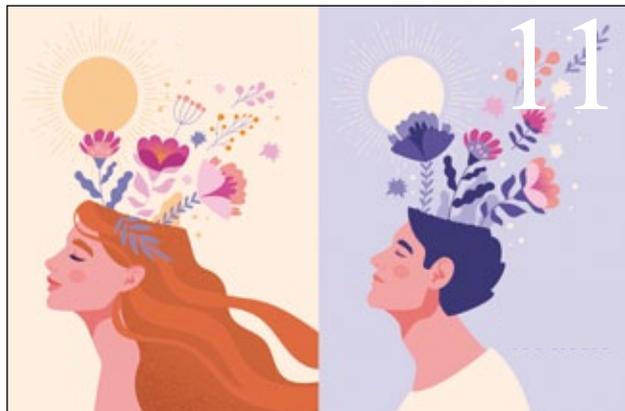
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Choose a reader to begin your journey
 Pick from our many talented psychics, all with different techniques



Bryony
PIN: 2727

Bryony is an incredibly insightful reader specialising in emotional journeys involving relationships and major life decisions. Bryony is also well placed to offer spiritual counsel in the area of business having been a corporate trouble shooter for many years.



John
PIN: 5152

John has been a medium for over eleven years, he offers a kind and calm approach. John sometimes uses Tarot or Angel cards in a reading; his aim is to provide answers that enable folk to move on with their lives, having gained a sense of closure.



Julie
PIN: 3123

Love and relationships are Julie's speciality, but she is able to give guidance on most issues affecting people's lives or connect with their loved ones. Julie is an honest, caring platform medium and she's assisted by her three spirit guides.



Michaela
PIN: 3232

Michaela's life experience and abilities with Tarot and Angel cards makes her particularly good at readings involving all types of relationships. When her partner ended their relationship suddenly, she turned to Spirit and successfully rebuilt her life.



Pauline
PIN: 3798

Pauline inherited her gifts from family. Her speciality is relationship readings; she also likes to bring in Tarot/Angel cards, especially when she needs to tune into her guides. Pauline finds Pendulum work can assist when a yes or no answer is needed.



Seph
PIN: 1369

Seph is a no-nonsense reader with a comforting rapport with her clients, she will do her best to listen and tell you what she thinks. As a devotee of karma Seph is also a firm believer in 'Let the Seeker find the Light', in her own words meaning 'Say it like it is'!

All calls are recorded; the caller must be 18 or over and have the bill payer's permission.

Readings under UK law are deemed to be for entertainment only. Helpline: 0121 737 5574.

What type of Psychic Reading do I need?

By Sarah, PIN: 9888



First, when you decide to get a psychic reading, it can sometimes feel like you are bombarded with so many different options and choices that it's easy to lose focus on what you are trying to achieve. You probably have many questions that you need answers to when it comes down to it. Although there are many different ways, psychics can look into these situations for you. You will probably find that certain methods work better for specific subjects or even that you prefer some techniques and tools used over others.

Find your 'happy' place

Finding your own 'happy and comfortable' place when getting a reading is essential, so don't be afraid to try a bit of everything until you find what works best for you. The easiest way to start deciding what kind of reading you need is to look at the reader profiles online. This way, you can see what tools and techniques each reader uses (and we are all very different)! Sometimes you might feel a connection straight away to a specific person or psychic reading type.

Gifts & Tools

Psychics use many tools and techniques to give their readings, ranging from traditional Tarot cards and Runes to Angel and Oracle cards, Crystals, Astrology and Luna cycles, Spirit Guides and even pure Psychic Intuition. These techniques work exceptionally well in answering any questions you may have, and there is no right or wrong tool to use! However, remember that the psychic themselves is the predominant 'tool' in this process, so choosing someone you have faith in and connect with is extremely important no matter what method they decide to use.



"We always love to support others find insight and take their spiritual journeys to the next level."

Tarot

I prefer to work with traditional Tarot cards for most of my readings. Having used this tool for most of my life, I find I work naturally with the cards, and they aid me gaining an instant connection between my caller, Spirit and the natural world around us. I like to chat with my callers about their situation and feel their flow of energies as we move through the reading, making it a very informal, calm and natural process.

Tarot Spreads

When using the cards, there are many different spreads that a reader can use to gain insight into the question and answer. Often the client relies on their reader to use the method that will work best for them and the given situation.

A typical spread is the Traditional Celtic Cross method, which delves deep into the question, the questioner and their situation, past, present and future. This spread also details areas of the questioner's life, such as their relationships with others around them and their hidden hopes, fears and desires relating to the question. This spread is fantastic for in-depth answers and clarity, although it can sometimes be time-consuming given how much detail it provides!

Another popular method of reading the cards is to use a variety of three-card spreads. This type of spread is excellent for more basic questions and general readings of a client before expanding and looking further at specifics. The most common three-card spread looks at the querent's past, present and future regarding the question asked. Other variations on this method include looking into the mind of the querent, physical body and spirit connections or considering the querent's current relationship status, the status of their partner and the relationship as a whole going forward. There are also specific spreads for different turning points of the year's wheel, such as Samhain (Halloween) or Mabon (Autumn Equinox).

Crystals

Using crystals during readings can be highly beneficial to both the querent and the psychic when connecting to both the spirit world and each other, especially when providing readings over the phone. Suppose a client has a crystal that they relate to or resonates with their current situation; in that case, it's a great idea to let your psychic know to use this to further connect and identify with the reading.

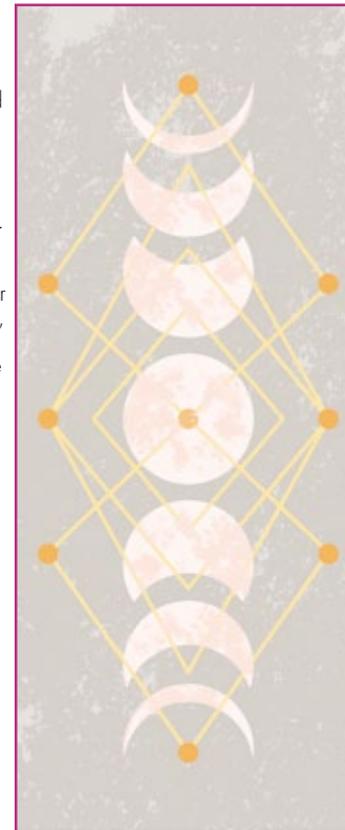
During my readings, I like to talk to clients about any crystals that may aid their situation. I may also suggest any crystals that may be of use to them in the future, such as using a Tigers Eye crystal if they are going through bullying in the workplace or Rose Quartz for relationship issues.

I believe crystals can heal, enhance, and further connect with the Spirit world. Every crystal has its own unique 'heart' and energy for the client and the psychic to work with, so callers should never be afraid to ask questions and discuss this further during their readings. Sometimes psychics solely rely upon crystals for their readings, as they are that powerful!

"Finding your own 'happy and comfortable' place when getting a reading is essential"

Zodiac and Luna Energy

Working with the Zodiac and Luna energies (wheel of the year) can significantly affect readings. Each individual has their zodiac sign, for example, Aries, Taurus etc., but each month the moon travels through these signs giving extra power to certain aspects of life. An excellent example of this is when the moon is in Virgo; it's a great time for health and healing or for working with cleansing. On the other hand, Libra is ideal for relationship work and love. As a psychic, I like to use these natural Luna cycles to better enhance and give depth to my readings, as the natural cycles of nature affect us all daily.



The Perfect Reading

Along with these main points, each psychic will have tools and guides to support you in finding the perfect reading. Working with Runes, Spirit Guides and Spirit Animals can also aid readings, and when you add all of this together, the possibilities are endless depending on what you are seeking to find.

Although it can seem a bit much at first, don't let the vast scope of possibilities daunt you. Your psychic will tune into your energies and find the best possible reading for you and your question.

Remember, it's all about self-discovery. Feel free to ask for any details and advice throughout your reading; we always love to support others find insight and take their spiritual journeys to the next level.

Good luck whenever you decide to get your next reading! Best wishes, Sarah.

Cancer In-depth



Cancer

The Cancer star sign is the fourth sign of the zodiac. You might guess from its icon - the Crab, that it is a cardinal water sign. The Cancer sign is ruled by the Moon, the waxing and waning of the Moon is reflected in Cancerian's traits - they feel their emotions strongly and can feel elated some of the time and crushed and depressed at others.

Common characteristics of Cancer are: kind and compassionate. Easily hurt and inward-looking. Protective and helpful. Possessive and manipulative. Intuitive and sensitive to the needs of others.

Traits

Going back to the crab; this personality can be hard to see and understand; they are not flashy, and so; often get overlooked.

The Cancer sign wants approval from others, and they are ambitious. But, at times, it seems that they have conflicting personalities. Sometimes Cancerians are caring and kind, and other times prickly and defeatist. Their craving to achieve can mean they will trample over others to get to the top. But, in doing so, it leaves them further away from their goal of inclusion and feeling like they belong!

To feel fulfilled in life a Cancerian must first be happy at home. Their home is their castle. Although that doesn't mean it is pristine, as the Cancer sign tends to hold on to too many things - childhood mementoes will likely abound. For many, a Cancerian house will look cluttered, but to them, it provides an emotional connection to the past and is a security blanket.

Matters of the Heart

The Cancer sign responds very strongly to warmth and affection; they are not someone you can tease - they will take any such comments to heart. This sign does fear rejection and is unlikely to risk making the first move - unless they are sure feelings are reciprocated.

Cancerians are romantics, and their desire is to enter a long-term relationship and have that love last forever! They are unlikely to get involved with someone with messy finances or an unhealthy bank balance; this isn't about greed - but goes back to a need for security.

Frustrations

If this star sign feels vulnerable, then; their possessive and jealous tendencies can rise to the fore; this is especially true; if they feel threatened in any area that matters most - their home, partner or career.

Cancerians can find themselves overwhelmed by emotions, which in turn; can make their thought processes and decision-making seem irrational. They dislike this about themselves and prefer it when they can let their intuition have a say.

Spotlight on Jade

Beauty

In a bit of a departure from our usual healing crystal description, we dive into a different way that Jade is utilised in the beauty world.

You may well have seen almost flat pieces of Jade - looking quite heart-shaped or even seen facial rollers with Jade as the stone. These shaped crystals have been designed for GUA SHA! You may also find similar products using a Rose Quartz crystal.

What is Gua Sha?

Gua Sha is pronounced: 'gwa-shar'. The technique is based on traditional Chinese medicine; a Jade crystal is used to massage the contours of the face and stimulate blood flow, circulation and lymphatic drainage.

Why has Gua Sha taken off in the Beauty Industry?

Promises of reducing dark under-eye circles, facial puffiness, and fine lines - might answer why it is so popular.

The technique is also often used to balance an uneven complexion and brighten the skin. Done properly and

The Jade crystal is a protective gem that creates harmony and attracts friendships and good luck! Symbolically it represents serenity and purity; and love and nurturing - hence its association with the heart chakra.

regularly, it is thought that Gua Sha supports collagen and therefore the production of elastin - something that is a real problem as we age. But, as a minimum, it relaxes tired facial muscles, making you look less tense and fresher with a glow.

More importantly, how do you Gua Sha?

You may find it helpful to watch a video - YouTube has many, but be sure to select one from someone considered an industry expert.

- You must only ever use the crystal over your face; after first applying oil. Ensuring that the tool will not drag your skin; and will glide instead.
- You can press the tool flat under each eye and then you can apply it over a closed eye - much the same as you would with a slice of cucumber.
- Around the jawline - use downward strokes; this ensures that fluid drains into the lymph glands. Be careful around the windpipe area.
- When tackling the lips, cheekbones, forehead etc. - use the tool at a 45-degree angle, and create strokes using the rounded edge.



MUSIC FESTIVALS ARE BACK!

There is no doubt that for many, the pinnacle of music festivals is Glastonbury. However, it is expensive and very difficult to get tickets. Many events have been cancelled in the last two years, due to Covid. So, if you would like to know what is on offer in the UK during July - then read on:

24th June - 10th July - BST - Hyde Park

Who can you see: Adele (sold out), Duran Duran, Eagles, Elton John, Pearl Jam and the Rolling Stones to name a few.

www.bst-hydepark.com/events

8th - 10th July - ALSO - Warwick

There is something for everyone - from talks, comedy, woodlands, food trucks galore and London Afrobeat Collective, Nuha Ruby Ra and Pynch.

www.also-festival.com/events/also-22

8th - 10th July - TRNSMT - Glasgow

What to expect: Glasgow's flagship festival features many top Indie Rock performers. You can see: Foals, Fontaines D.C., Lewis Capaldi, Paolo Nutini, Sam Fender, The Strokes and Wolf Alice.

<https://trnsmtfest.com/tickets>

21st - 24th July - Latitude - Suffolk

Henham Park, makes Latitude one of the prettiest festivals. Featuring this year are: Little Simz, Modest Mouse and Snow Patrol.

www.latitudefestival.com/tickets/

21st - 24th July - Bluedot - Cheshire

Bluedot is unusual, in that it combines culture, music and science! Expect: Björk, Groove Armada and Metronomy.

www.discoverthebluedot.com/

21st - 24th July - Standon Calling - Hertfordshire

This is one for all of the family, with Horrible Histories and Dick & Dom, as well as Anne-Marie, Craig David and Dry Cleaning!

<https://standon-calling.com/tickets/>

21st - 24th July - Nozstock - Herefordshire

This even is family founded, and offers a nature filled adventure. Expect Bill Bailey, Craig Charles Funk and Soul Club and Sister Sledge.

<https://nozstock.com/buy-tickets-online/>

28th - 31st July - Kendal Calling - The Lake District

Many Indie legends will take to the stage at Lowther Deer Park, like Supergrass, Stereophonics, The Streets and The Wombats.

<https://kendalcalling.co.uk/information/ticket-info>

28th - 31st July - WOMAD - Wiltshire

One of the longest standing festivals - WOMAD celebrates 40 years in 2022. The line-up includes: Fatoumata Diawara, Kae Tempest and The Flaming Lips.

<https://womad.co.uk/tickets/>

28th - 31st July - Camp Bestival - Dorset

If you have kids that are still into face painting and CBeebies - then this is the festival for you! Held at Lulworth Castle, you should expect sets from Becky Hill, Fatboy Slim, Horrible Histories, and Mr Tumble.

www.ticketmaster.co.uk/camp-bestival-dorset/

Auspicy: Bird Magic

Birds have long been revered for their magical qualities, much of which was garnered for their ability to take flight. In time gone by, many believed that birds were God's messengers and were seen as either announcers of good omens or pending disasters.

Auspicy

The word Auspicy describes divination through bird flight. In Ancient Rome, trained Philosophers would have completed the interpretations. They divined in a sacred space called a Templum. The Philosopher would face East, with the South to his right and the North to his left; he would wait for a bird to enter the sacred space. At this time, it was believed that the messages were from Jupiter, and the divination often concerned matters of appointing high officials or even peace and war.

Folklore

Of course, like any form of divination - it eventually filtered out to regular people. They might have looked at the type of bird, where it was seen, and the time it was seen. Then, the quality of the bird, and in particular their feathers and their flight, all would have contributed to the information discerned.

Magpies

The humble magpie is a classic example of how folklore can pass down the generations. No doubt, you have heard some version of the almost 'nursery rhyme' concerning seeing magpies:

Variation 1:

*One for sorrow, Two for joy,
Three for a girl, Four for a boy,
Five for silver, Six for gold,
Seven for a story yet to be told.*

Variation 2:

*One's sorrow, Two's mirth,
Three's a wedding, Four's a birth,
Five's a christening, Six a dearth,
Seven's heaven, Eight is hell,
And nine's the devil his old self.*

Many variations of the rhyme exist, and this can vary depending on where you live. For example, in Lancashire - there are often extra lines:

*Eight for a wish, Nine for a kiss,
Ten a surprise you should be careful not to miss,
Eleven for health, Twelve for wealth,
Thirteen beware it's the devil himself.*

Heading Off Bad Omens

Despite the wording in the above rhymes, many believed that you could counteract any bad omens; by carrying out certain rituals - ensuring that any messages you received that day would be positive.

In just about all of the rhymes, seeing just one magpie is bad luck - if another magpie does not quickly follow in to view, then folk did one of these things:

- Saluted the bird.
- Tipped their hat, or bowed their head and offered a salutation - such as 'Good Morning' or 'Good Afternoon'.
- Talked to the magpie: "Mr Magpie, how are you this fine day?"

If you consider yourself superstitious, then; you may like to take on the Far East version of thought around magpies. They believe that chattering magpies signify the bringing of good news, and generally, this bird means happiness and prosperity.

Ref: Encyclopaedia of Magic & Ancient Wisdom, by Cassandra Eason



ACUPRESSURE



Acupressure works on the same principles as traditional Chinese acupuncture; however, you'll be glad to know that no needles are involved in this holistic form of medicine.

Pressure instead of Needles!

Instead of needles, acupressure uses applied pressure, using the fingers, hands, knuckles, thumbs and maybe even the knees or feet! A 'Press - Hold - Release' action is applied; to specific points of the body. Much the same as acupuncture, these specific points are chosen both to provide healing to specific ailments; but also to balance the body's flow of Chi - the Chinese word for the body's vital energy. The level of pressure used is firm but gentle and is always angled in the direction of Chi along the meridian channel.

Massage

Acupressure, has the advantage of being more convenient than many other forms of healing. There is no need to undress, no oils are needed, many sessions take just 20-minutes, and many areas of the body can be reached and impacted without lying down or needing a specific table.

This quick type of massage, has even been adopted by companies; to release tension in their staff; particularly desk workers that get issues in their back, shoulders, neck and head regions.

The idea is that clients report less tension and stiffness, stress relief, reduced muscle soreness and also a feeling of being 'refreshed' and 'energised'.

Self Help

Another reason acupressure is so popular; is the ability for people to carry out some techniques on themselves. For example:

Constipation/Indigestion

There is a fleshy part in between your forefinger and thumb. You will need to use your other hand to apply pressure to that fleshy part. Your forefinger will go beneath and your thumb on top. Hold for 20-30 seconds and then release. Repeat if needed.

Stress/Anxiety

Follow your little finger in a line to the small hollow in your wrist. Using the tip of your thumb (pointing towards your little finger), apply pressure for 20-30 seconds and release. Repeat this exercise on the other arm and then alternate as needed; until the feelings subside.

*Many acupressure points are not suitable to be worked on during pregnancy. This information does not constitute medical advice; you may want to discuss your health with your GP before considering any alternative medicines/healing.

Applying Mindfulness in a Crisis

Even though we might not like change generally speaking, humans are conditioned to be resilient, and to adapt to changes as necessary.

But what happens to that resilience and flexibility when we face a real crisis? A crisis will mean different things to different people: It could be a car accident, a breakup of a relationship, being made redundant, ill health or a serious misfortune. Whatever the situation, the chances are you are leaning towards running away from the difficulties. But, no matter how you run, some problems literally follow you like a dark cloud overhead...



What if, instead of putting a positive spin on the situation and pretending you are okay - you faced the difficulties instead of avoiding them?

- Acknowledge the problem. Whatever the situation, or whatever, has happened - this is factual and cannot be reversed. It has already occurred!
- Worse than what has happened is the suffering that is taking place in your mind. You may be flooded with emotions and feelings: anger, fear, frustration, even hopelessness. You cannot always control your thoughts or feelings, but you can choose how much you decide to suffer.
- The hard but necessary part is to move towards the source of pain; and let go of how unhappy it is making you.
- Do not mistake the above information; for a suggestion that you should not have emotions - as this is impossible and not helpful. But more to stop focusing on what has happened; and what might happen and instead concentrate on the present. When we stay in the present, the negative thoughts fade into the background and lose their power and momentum.

How to move beyond the crisis and the pain it is causing:

- 1) Stay in the present as much as possible.
- 2) When you notice that your suffering has crept back in - acknowledge it and send gentle compassion. Over time, you should be able to override the sensations you are experiencing at that moment; anger or impatience, for example - and you will see these ebb backwards.
- 3) If you cannot ignore the pain - instead of fighting - lean into it. It is okay to feel your feelings, to cry, to scream...
- 4) When it feels as if the problem is crowding out everything else, try this solution: Imagine that you are a photographer and to get the best picture - you need to stand back and get a wide-angled view. The rest of your life - your family, friends, job, home, hobbies, nature and the wider world we live in; should all come into focus, reminding you that you are part of something bigger and not just about the problem in-hand.
- 5) When you are feeling stronger it is time to work on the problem, as well as the symptoms of the issue. These actions will help to diminish the pain in the long term.



Reader Profile

Jasmine
PIN: 5115



Jasmine's psychic abilities surfaced as a very young child, she continues to nurture and protect those gifts to use for the sole purpose of supporting and guiding others.

As a child, she could sense Spirit around her and also smell fragrances transmitted from the spirit world, smells she knew were not her own. This was confusing for her at times, it took some years to have a sense of knowing these were real and not just fairy stories in her young imagination.

Over time as Jasmine grew up, the visions changed from the elemental world of fairies and angels to seeing people. This was not scary because Spirit always brought with them a sense of love and calm which she found very comforting. Her mother who is now in Spirit was also a Clairvoyant Psychic and belonged to The White Witches Coven but her father could not and did not accept this different world and thought there was something wrong with her. Her father is now in Spirit too, but his understanding has changed to acceptance.

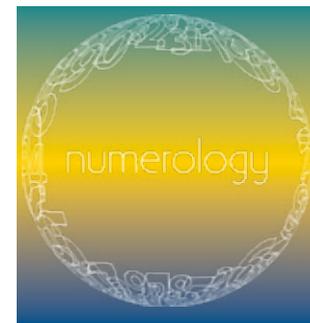
Before Jasmine became a full-time Psychic Medium, she worked in the Accountant industry as an auditor of several company and management accounts. She also owned her own business with a partner for a few years dealing with different companies around the world employing people to work in the offshore industry and had the added responsibility of employees. Jasmine understands why business people have a reading, even if it is just to confirm they are on the right track.

Because of her life experiences, Jasmine can relate with understanding and compassion in most situations that clients find themselves in young and old. Jasmine also reminds you Spirit will only tell you what you need to know not necessarily what you want to know! She will give you the answers needed as provided by Spirit to guide you into making the right choices, ultimately taking you forward to a brighter future.

Testimonial:

Jasmine has been one of the readers I have been using for a few years. There is a reason why she's so busy. She's so good at picking up feelings and what is going on in the environment needing no prompting at all. She is fast and spot on. I have gone back to some notes of a reading that she gave me last Christmas and can confirm that she made some predictions in the reading for this year which did come to pass. The reading included one timing prediction which was three months away at the time which also came to pass just before the predicted time line. She's a credit to the service and although I know that readings are very private and personal, I felt that she very much deserves acknowledgment for her talent and gifts. Anon

View the profiles of all of our readers by clicking 'OUR PSYCHICS': psychiclight.com/psychics/
We would love to receive your feedback following a reading, you can do this via our website, scroll to the footer and click 'REVIEW A PSYCHIC': psychiclight.com/review-a-psychic/



NUMEROLOGY: Number Six

We have written an introduction (how to calculate your number), and have covered numbers one to five. All of which; can be viewed on our blog. So, you can catch up and refer back at any time:
www.psychiclight.com/category/numerology/

Six

People that calculate as a six, in numerology terms, are all about home. They love the domesticity of home life, and family is significant to them. This number, in general, is guided by love. Astrologically speaking, sixes are associated with Taurus and Libra and the planet Venus.

Sixes are most comfortable when they are on familiar turf; they also like to be surrounded by the people they know the best. Their social circle will not be a large number but will be made up of family and best friends they love and trust the most. Numerology six personalities will put these chosen few above themselves; and feel most content doing so.

Heart Number

Family ties are vital to those that come out as a six. They will work hard to maintain these relationships and keep them affectionate and happy. If people do not reciprocate with the same level of enthusiasm, it will disappoint a six.

In terms of romance, they will nurture the relationship, and for it to be successful - they need to feel relaxed, comfortable and happy. They will expect partners to be demonstrative, kind and warm with their love and feelings.

Expression Number

Number sixes give a great first impression; this is important to them. Others would likely describe a six as dependable and capable. Sixes can also be known for occasional extravagance and pleasure-seeking. They achieve a work-life balance and is likely further enhanced by sometimes working from home - which they relish. But when it is playtime - they want to enjoy the finer things in life!

Personality Number

A Numerology six can be a creative type - and this can bear out in the job or career they choose. Whatever a sixes job, they want to be successful. Self-employment is also a possibility, as sixes are hard-working and driven and so manage projects and their time well and can achieve even when unsupervised.

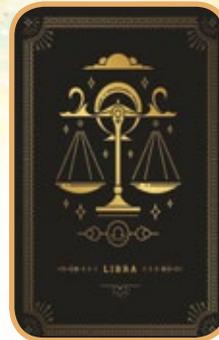
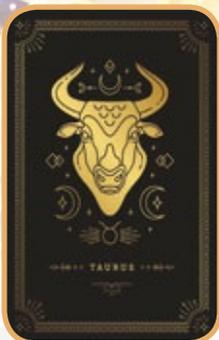
Sixes often feel driven to be of service to others; this is at home, in their career, for their family, friends and romantic partner.

Astrology

With our expert:

Carol Day

Welcome to Free Spirit's in-depth horoscopes for July 2022



The power in your 4th home/family sky this month is clearly the strongest in your chart. So, the focus should be on your home and family, on a par with your health and wellbeing, so get enough fresh air, rest and relax. Ruler Mars enters your money sky on the 5th and stays all month, a positive for earnings. Jupiter is with you all month, so you're well-off. Venus still favours PR, marketing and sales. Love is closer to home after the 18th, with family playing Cupid. Delightful!

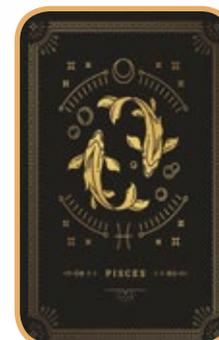
July offers a great transit for students below College level, as your 3rd sky of interaction is powerful now. Students should be successful in their studies; this also includes the spiritual. It's a great time to read more or take courses in your chosen skill set – some may also be teaching in your subject. It's also a good time for those involved in sales/PR; trading seems lucrative from the 5th-19th. On the 30th & 31st, Mars/Uranus travel together, creating a dynamic spiritual ambience.

It's a good news month for Gemini; you are still amid a yearly financial peak and will be even richer by the month-end. Your money sky is the strongest right now and is the main focus of July. Venus moves into your 2nd finance sky and indicates good financial intuition, especially from the 5th-19th. You'll also receive superb news about money and your love life blossoms. On the 22nd & 23rd, Mercury gets up close and personal with the love planet Jupiter. Love is all your need!

Lucky Libra will be riding on the crest of the career waves this month. Ruler Venus moves into your career sky on the 18th, making your success even greater – you're on top of the world! You are known not only for your successes; but for your overall demeanour. From the 18th onwards, your personal appearance plays a key role in your future career profits. Romance/friendships enhance your social life from the 23rd; the Sun is in your friend's sky. The beloved comes to the rescue financially.

Health and work planet (Mars); moves into your 7th love sky on the 5th and stays there for the rest of the month. Good health means a happy love/social life. The good news here is that with Jupiter in your 6th health sky, you'll get the best-case scenarios; with any health issues. Also, a visit to the therapist may have romantic undertones. On the 23rd, you begin a yearly career peak when the Sun; will be in his own sky and very powerful – a lovely surprise that spells success.

Charismatic Centaurs are flying high in July as they are blessed with energy and well-being. You have all the drive you need to pull off one of those aims you stashed away. You're still in the 8th rebirth sky, which is stronger than last month. So perhaps you're looking at a personal makeover and a new detox/exercise regime? Love planet Mercury is also in the 8th sky from the 5th-19th, so your social life is fantastic. However, for you, a quiet evening is preferred to a night out on the town.



Moon-folk are still basking in the sunshine of maximum personal freedom. It's time to focus on number one and take advantage of your own happiness. Prosperity increases, and money windfalls and lucky breaks are still happening. On the 23rd, the Sun enters your money sky (his own sign), and he is very powerful here. More importantly, you begin a yearly financial peak, and a New Moon on the 28th is an excellent fiscal day. Mercury is in your sign from the 5th-19th, bathing you with cosmic stardust. Divine!

Mars often has an unfair press, and he crosses your Mid-heaven on the 5th, entering your career sky. So, you could be forgiven for thinking there may be a few disputes on the career front. In your case, Mars rules your beneficent 9th sky, so even if you have words, the results are good. There is also career-related travel. Mercury (money) is in your spiritual sky; from the 5th-19th, showing fiscal intuition is good. The Sun enters your 1st sky on the 23rd, and you begin a yearly pleasure peak. Enjoy!

The Cosmic flavour of the month for Virgo is 'true love', either with the beloved or someone new! The Sun enters your 12th spiritual sky on the 23rd, his own sign and house and is very strong here. So, this is an intense spiritual period. Ruler Mercury will enter there as well on the 19th; to help focus on spiritual matters. Two benign planets in your 12th sky; show much mystical progress. Venus enters your 11th sky on the 18th, where hopes and wishes come true – financially!

Love is in the air this month, and your 7th love sky is the most powerful in your chart just now. Singles are dating more – you even meet people you consider marriage material! Couples are attending extra social functions. The beloved is rich in July; and has a yearly financial peak on the 23rd. Mars makes lively aspects to Pluto on the 1st & 2nd; you and a parent figure need to relax. On the 30th & 31st, Mars/Uranus create a dynamic link-up; and a parent helps fiscally. In July, all you need is love!

On the 5th, our lovely water-bearers move into the social Western sector of your chart. Then, on the 23rd, your 7th sky of love/social pursuits and 'others' becomes powerful. Your social skills will carry the day, not your personal abilities – perhaps let others have their way? Mars enters your 4th home/family sky on the 5th; and stays there for the rest of the month, creating a good time for home repairs. When the Sun enters your 7th sky on the 23rd, you begin a yearly love and social peak. Joy!

Health has hugely improved over last month's downturn, even though it was just a short-term blip in overall energy levels. However, you are still in one of your pleasure peaks and can look forward to a fun month ahead. Happiness is a great healing force. You are still in a 'me' period, and when complete, you should spend more time with the beloved. Love planet Mercury continues apace this month, especially with love. You are attracted to people at work or those involved in healthcare. Blessed!



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