

discover your future, release your past

### Editor's letter

film - Mamma Mia! Here We Go Again, a real summer feel-good movie with a starstudded cast, and a soundtrack from ABBA.

If summer for you means holidaying in sunny climes, then you might want to check out our tips for stress free holiday preparation.

We meet back up with readers Fran and Ruth, both of whom have many years of experience, and spend time facilitating spiritual development of others.

If you are looking for a creative output for dealing with your feelings, then why not try 'expressive writing'? Or you can explore more traditional forms of healing with garden herbs and crystals.

It is fascinating to think of how astronomers from centuries ago figured out the impact of little-known fixed stars on our personalities

If you want to try entertaining yourself or your friends this summer with a spot of divining the future, then why not turn your hand to tea-leaf reading? Or you could just read your horoscope to see what's new for vou in July!

### Charlotte

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### Bryony PIN: 2727

Bryony is an incredibly insightful reader specialising in emotional iournevs involving relationships and major life decisions. Bryony is also well placed to offer spiritual counsel in the area of business having been a corporate trouble shooter for many years.



### Ellie PIN: 1180

Ellie is a clairaudient. clairsentient and spiritual medium from a Turkish gypsy background. She has the ability to tune into the soul of a person and see the questions that need answering without that person having to say a word.



### Joanna PIN: 4567

Nothing shocks Joanna as she has encountered many unusual situations. She has studied esoteric energy, telekinesis and paranormal activities. Ioanna offers sage advice based on her unique perceptions, offering clarity when someone is confused.



### John PIN:5152

lohn has been a medium for over eleven years, he offers a kind and calm approach. John sometimes use Tarot or Angel cards in a reading; his aim is to provide answers that enable folk to move on with their lives, having gained a sense of closure.

All calls are recorded; the caller must be 18 or over and have the bill payer's permission.



### Mariah PIN: 1881

Mariah is a medium, clairvoyant and healer, her style is honest and compassionate. Through Spirit she will support, empower and illuminate, just as her guides have done for her. Mariah specialises in bringing clarity to situations which are causing you pain and stress.



### Vivienne PIN: 3555

Vivienne comes from a family of psychics, clairvoyants and mediums and was made aware of her gifts from a very young child. She works with God, love, light and her Angel guides. Vivienne can look into love, career, family, any topic you wish to speak about.

Readings under UK law are deemed to be for entertainment only. Helpline: 0121 737 5574.



have to be honest that Mamma Mia is something that my husband and I still laugh about now, he is just a couple of years older than me but knew a lot more about ABBA than I did, I just thought we were going to see a film at the cinema, with no real idea that Mamma Mia was going to essentially be a musical. I'll be honest and say that a few songs in I asked whether they were going to 'sing' the whole film, and my husband laughed hysterically at my question and replied – 'yes, what did you expect!' Well, suffice to say – lesson learned and ever since I have been more inquiring when a cinema trip has been raised...

But, whilst Mamma Mia the first time around might not have been my cup of tea, plenty of people disagreed with me, in fact the movie grossed more than \$600 million world-wide, hence when I heard that Mamma Mia was getting a second instalment in the shape of 'Here We Go Again', I felt it should be featured.

So, the scene returns to the magical island of Kalokairi in Greece for another musical movie featuring new original songs by ABBA, as well as old classics and it also features the same cast plus a few new faces. The film is in UK cinemas from 20th July.

The original producers have returned to do this film: Judy Craymer (also creator and producer) and Gary Goetzman. Ol Parker who you might recognise from The Best Exotic Marigold Hotel directs and writes the sequel, with a story by Catherine Johnson, Richard Curtis and Parker. Of course, Benny Anderson and Björn Ulvaeus from ABBA need no introduction, return to provide music and lyrics as well as serve as executive producers. The other executive producers are also well-known industry professionals: Tom Hanks, Rita Wilson, Phyllida Lloyd, Richard Curtis and Nicky Kentish Barnes.

Having dealt with the star-studded production, you move on to the all-star cast: Reprising their roles are Academy Award® winner Meryl Streep as Donna (it is unknown whether Meryl has filmed new scenes, or just appears in flashbacks taken from the original), Julie Walters as Rosie and Christine Baranski as Tanya. Amanda Seyfried and Dominic Cooper reunite as Sophie and Sky, while Pierce Brosnan, Stellan Skarsgård and Oscar® winner Colin Firth return to play Sophie's three possible dads: Sam, Bill and Harry.

It is probably not essential that you have seen the first film to enjoy the latest, as it does go back and forth demonstrating how the relationships have been forged in the past and how they are impacting the present. New actors play the parts of the younger versions of the characters.

Without giving too much away, Sophie is pregnant and running her Mother's villa, her mother and childhood friends tell the story of how she prepared for having and raising her daughter (through flashbacks). Of course, this was a tricky situation, with three possible fathers'! Matters are complicated enough, but then enters her Nan who unexpectedly turns up - and who just happened to be played by Cher!

You can see the trailer by visiting: www.mammamiamovie.co.uk

## OP for staying SANE

re you one of the few people that has packing a case and going on holiday down to a fine art; or does you house look like a whirlwind has rushed through it and like you are one step away from an almighty row with whoever gets in your way, including the family pets!

If it's the latter, then perhaps our useful tips will get you on the road to a smoother journey this year.

Like many things in life, a little bit of planning goes a long way, and getting as many jobs out of the way early is the key to success:

- Check that your passports and driving licences are in date (some countries require a certain number of months left on the passport in order to accept you). It is a good idea to either have copies of the documents, or at least the numbers – in the case of loss/theft.
- Check if you need to apply for any visa's, or documents such as DVLA documents for hiring a car.
- Think about what credit/debit cards you might take with you take a note of the numbers, as well as the emergency contact, and let the banks know you will be travelling.
- Ensure that you have a note of essential contacts somewhere other than on your phone, in case your phone was lost, stolen or stops working.
- Make a folder early and put all documentation in it as you get it hotel bookings, seat allocations, boarding passes, hire car information etc.
- Think about pre-booking certain aspects of travel like hire cars, and airport parking, to get the best costs/deals.
- Check that your European Health Insurance Cards (EHIC) are in date.
- Book travel insurance don't leave this to the last minute.
- Check if you will need vaccinations/medications and book up with your GP.
- Check the countries rules and regulations regarding medication and ensure you have prescription documentation.
- Check your luggage dimensions and baggage allowances.
- Check routes to the airport/port/station, checking for any road-works that might delay you.
- Check the countries culture and customs and pack accordingly.
- Organise pet care early, so you can relax knowing they are well looked after whilst you are away.
- Don't leave travel-money to the last minute. If you want a good deal on a special travel credit card or want to set up a pre-paid holiday card, you will need time to apply. Check exchange rates and if you need large amounts of cash – prebook for the best rates
- Secure your home think about this in advance: locking windows, hiding valuables, telling trusted neighbours you are away, cancelling any orders that might normally be delivered, setting up music or lights to come on at intervals and so on.

With all of this squared away, you can just get on with the mammoth task of washing, ironing and deciding what an earth to pack – which may very well leave you thinking, "I need to go shopping" – what a good excuse!



# understanding crystals

When you are thinking about purchasing a crystal, it can be helpful to understand how both the colour and the shape of the gem will impact the energy that it outputs.

**Silver/Grey** tones represent transformation, change and sometimes invisibility.

**Black** tones offer protection, they are grounding and act as detoxifiers.

**Brown** gems can be used when you need to feel centred, they are purifying and are areat for cleansing rituals.

**Pink** crystals represent love, they help with feelings of unease and apprehension.

**Peach** tinged stones are invigorating, and they revitalise in a gentle way.

**Red** stones are energising in a more stimulating way, galvanising you into action.

**Orange** crystals enhance your creative abilities, you will approach tasks with vibrancy and they leave you self-assured.

Yellow gems bring abundance into your life, they represent wealth, but also clarity of thought.

**Green** tones represent empathy and kindness, they provide calm and are restorative.

**Turquoise** stones are all about intuition, and as such used properly they let you attain peace and serenity.

**Blue** crystals are for communication – express yourself!

Purple tones, including lilac and lavender connect you to a higher power, they are the colour of insight, perception and spiritual awareness.

White gems represent everything that is pure, innocent and virtuous.

Clear stones are about a higher consciousness, they are both energising and purifying.

A crystal made up of **more than one colour** are stimulating, exhilarating – all about the possibilities.

You might not think that the shape of a crystal makes much difference, but in fact the shape impacts the way light moves through the gem and as such the energy that it provides.

A **square** crystal is all about fusing energy.

An egg shape will focus and release energy.

When a crystal is shaped like a **ball**, it represents equal energy all around.

When a gem is formed as a **cluster** it will radiate energy equally in all directions

A **Geode** is when a small cavity in rock is lined with crystals, this provides a slow releasing energy that is both preserved and intensified.

Some stones are **pointed**, this can be useful in crystal healing, energy can be drawn in or out depending on the direction of the point.

When a stone has a point at both ends, it is called 'double terminated', in these cases energy is produced and released in two directions.



# Fancy A Nice Tasseography?

asseography (or reading tea leaves) is a method of divination that interprets patterns in tea leaves, coffee grounds or wine sediments. Although Tasseography is often associated with gypsy fortune tellers, the origins of this form of divination stem from ancient China. The Chinese would often read the dredges of their cups for symbols, omens or unusual patterns.

The first appearance of Western Tasseography dates back to the seventeenth century, a short time after Dutch merchants introduced tea to Europe via trade routes to China. Modern Tasseography is now associated with the Scottish, Irish and cultures throughout Eastern Europe.

Reading tea leaves isn't as mysterious as its history would have you believe, in fact it is now considered to be one of the most intuitive and creative forms of divination there is.

All that is required to perform Tasseography is loose tea (around 1/2) a teaspoon) hot water and a white or light coloured cup.

It is always advisable to ground and protect yourself before doing any type of divinatory work and to always say what it is that you are seeing.

Many people believe it is not customary for a person to read their own cup, however this really comes down to personal preference.

Begin by pouring the water over the leaves and enjoy your cup of tea!

The seeker then drinks all the liquid, taking care not to swallow the leaves, leaving a drop or two in the bottom of the cup.

The cup is then passed over to the reader, who gently swirls the liquid before placing a saucer or napkin over the cup and turning it upside down.

As the liquid drains away, the grinds will settle and dry at the bottom of the cup to be read.

The reader turns the cup the right way up and begins to identify patterns and symbols in the leaves. Dots, circles, triangles, squares, animals, objects, numbers, letters are amongst the most common symbols identified in Tasseography.

Interpretation of symbols tends to be personal and subjective, and the reader's language, experience, and mental state can affect their interpretation of the leaves.

Most tea reader's interpret images based on accepted magical and archetypal symbolism.

Feel free to follow your own instincts when reading tea leaves, but if you need some guidance then call upon Psychic Light readers:

Harry, PIN: 3895 Julie, PIN: 3123 Seph. PIN: 1369

It is important for you to remember that the ability to read tea leaves is derived from your subconscious and the symbols you see are unique to you or your reader's perception.

Divination is an art. The more you practice the better you will become at intuiting the answers to questions. Trust your instincts and remember most importantly to have fun!





giving a spiritual address in trance.

## Fran's Profile - Ruth's Profile

**Psychic Specialities:** Bereavement, Couples, Discover Your Destiny, Divorce, Family, Relationships, Sexuality, Wellbeing **Psychic Specialities:** Bereavement, Couples, Discover Your Destiny, Divorce, Family, Relationships, Sexuality, Wellbeing



PIN: 2022

Fran is a clairvoyant medium and psychic with seventeen years' experience of doing one to one readings, serving spiritualist churches, giving demonstrations of clairvoyance and taking divine services which include

For the last twenty-five years Fran has been involved with the running of a local Spiritualist church, and she has been the president of the organisation for the last sixteen years. She runs meditation and mediumship development groups at the church to give others the opportunity of progressing on their spiritual pathway.

Fran has experienced psychic and mediumistic phenomena since the age of four so feels very comfortable communicating with the spirit world. As a child Fran would have very vivid dreams, there are psychics on both sides of her family, quite often these dreams would prove to be insights into the future for members of her family.

On a more personal note Fran is a vegetarian and passionate about animals and animal welfare and has worked with dogs for twenty-two years. She also does spiritual and Reiki healing on both humans and animals. Fran feels very privileged and really blessed that her guides have chosen to work with her and she has faith in them implicitly.

### Testimonials:

"Just had a wonderful reading with Fran. We have spoken before and she is amazing. Thank you, Fran, for tonight's reading. I am so sorry we were cut off before I was able to thank you. You were like a breath of fresh air to me toniaht. I can't thank vou enough for aiving me the confidence I needed and reassurance. I will be in touch again to let you know that you were spot on in what you have told me. God bless you." Shirley, Suffolk

As a young child Ruth experienced a family tragedy that would have a profound effect on the rest of her life. At that point she became very aware of the world of spirit. She felt with a certainty that she had an inner journey to make and a mission to achieve. However, she was not to embark on that journey until forty years later.

Well into her middle age, Ruth's life as she knew it was falling apart, she realised it wasn't working and that she had to make some drastic changes. Something had to give, a healing on a deeper level and doing away with the 'old' was required.

After some soul searching, Ruth dedicated herself to daily meditation, the development of her mediumship abilities and other spiritual practices. She realised that it was all about love, compassion and forgiveness and in the giving, as opposed to receiving. With the completion of her Reiki Mastership, Ruth's life was never to be the same again. She had reached a point of surrender and knew that she would have to commit totally for the greater love of humanity and be an ambassador for the much-needed work of Spirit.

Ruth's work includes facilitating spiritual awareness workshops, hands on and distant healing for others, and giving spiritual messages from the platform in churches. She is also a qualified hypnotherapist and counsellor.

### Testimonials:

"I rang as I felt like I was hitting a brick wall with areas of my life. I spoke to Ruth as spoken before. Wow Ruth connects with her spirit guides and straight away picked up on my problem, spoke about who I am and what I want from life, as she spoke it was like the penny dropped, I was able to understand what Ruth was saying and how to move forward. I am so grateful for the connection we had..." Clare, Retford

You can view the profiles of all our readers by clicking 'OUR PSYCHICS' conveniently located at the top and bottom of each of our website pages.

We would love to receive your feedback following a reading, you can do this via our website, scroll to the footer and click 'REVIEW A PSYCHIC' under 'CONTACT'.

## FASCIMATIMG FIXED STARS

tolemy (AD100-173), was a great astrologist/ astronomer, one of the things he did in his work was map out the position of stars and detailed the way that they influenced human behaviour.

He wrote a number of very important books, one being Tetrabibles, with translated versions still in print today and another being Almagest which was used by later astrologers to continue the work on 'fixed stars' - their placement and significance.

Despite the name 'fixed stars', they are in fact not precisely fixed, they move in a forward direction around one degree every seventy years.

If you have a birth chart reading done, then an astrologer will be able to advise you on the significance of fixed stars, whether they were rising, setting or culminating when you were born. You may want to consider an email reading with our astrologer: www.psychiclight.com/emailreadings/ Chrystalyte can give you a reading that tells you about the balance of signs in the birth chart and the blessings and challenges shown; she considers these as gifts you carry with you, and gauntlets that have been thrown down for this lifetime, to allow soul growth and greater experience.

### **Fixed Stars Interpretations:**

Hamel - This star sits in the head of the Ram, as such it has some of the characteristics of the constellation, such as 'takina strong action' and presenting independence. On the negative side it has been associated with malevolence.

**Algol** – The negative aspects of this star do tend to overwhelm the positives, its prevalent features are of an evil energy, a controlling need, and a desire for revenge, with expressions of cruelty and anger.

**Aldebaran** - The Mars qualities in this star shine through, it is all about taking action and achieving one's ambitions. But there is a warning in there, do not attempt success by compromising your integrity – it will not end well. Following an honest and straightforward path will win out.

Rigel - This star holds the potential for quick success, but there is a need to be careful, as holding on to those achievements can be trickier. Unconventional opinions are not necessary welcomed, things are better when influences are uncomplicated.

**Castor** and **Pollux** – Two stars which are the twin signs, with the principles of Gemini and Mercury planet. Castor is all about creativity and is optimistic and supportive. Pollux represents the pain that being creative sometimes causes.

**Acubens** – This star will be favoured among those in caring professions, those responsible for bringing life into the world, and those that are there for us at the end of life, from midwives to hospice workers... Whilst not the brightest star, surely one of the most influential. It is associated with the caring Cancer constellation.

**Regulus** – As the name suggests, this is one of the 'Regal' stars, when used in acts of revenge, you could expect a 'fall from grace'! But on the positive side this star is associated with the energy of both Jupiter and Mars and contributes success and ambition.

**Zosma** – The Zosma star has great compassion and demonstrates that even the most negative of situations can those suffering.

**Denebola** – This star represents those that are unique, they see the world differently, their opinions are perhaps unconventional - which is just fine, they just need to be aware that their ideas are seen as unusual rather than seen as being closed off to other ideas

**Spica** – The concept of this star is 'brilliance', if this star is prominent in your chart, then you are likely able to pick up new things and absorb knowledge fast and easily - you have natural talent and ability!

Zuben Elgenubi and Zuben Eschamali – Another twin star, but this time all about the joy of giving... You have sympathy, time and energy for others. You are social and like to be involved with people and groups.

Antares - This is another 'Regal Star', this star is potent, determined and encourages action. But be mindful of over dramatizing situations.

Sirius – You will find Sirius to be a bright and positive star, its influences include success and fulfilment – you will exceed your expectations. Just watch out for 'burn out'.

Vega – A mysterious star, that is both creative and charismatic This star is all about making oneself heard – communication and speaking oratorically is a great skill - but should be used wisely to deliver the right message!

**Rukbat** – At its worse these star characteristics are stubbornness and single-mindedness, but put to good use they be reversed. Under this star folk are likely to rush to the aid of can be consistent, steadfast and tenacious. The earth element is present, that can ground the persons instincts to hone the finer qualities.

> **Altair** – This star holds great influence – bravery and boldness are its strengths, but care should be taken to ensure action is appropriate and not overtly controlling, by being over assertive or pushy.

**Deneb Algedi** – This is certainly not the most powerful of stars, but never the less, it has an important role as a sense of justice. In this case more derived from leadership, than service as in Acubens, but the ability to support and guide those in need is still there.

**Sadalsuud** and **Sadalmelek** - The most fortunate of twin stars. Powerful and providing positive expression. Sadalmelek is actually the brightest star on the constellation, and together they influence the planet/planets they are contacting.

Formalhaut – A great and shining star, providing a guiding influence on one's life. You will be given the ability to peruse and attain your ideals, just as long as you come by the motivation honestly, and self-congratulation is not what you seek.

Okda or Al Rescha - Perhaps the gentlest of stars, and yet very significant in its ability to let us see, understand different concepts and people's perspectives. All areas of life can be touched, depending on which planet is contacting the star.

Ref: Parkers Astrology

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he nature of modern technology means that we are now documenting our lives in different ways, for many of us when we were young, events may have been recorded in a diary, or we may have had some sort of scrap booking or journal system for recording important events, as well as our thoughts and feelings. But now it is quite likely that these methods are deemed outdated and we are recording our lives in a digital manner, and perhaps memorialising them via social media platforms.

Whilst there is nothing wrong with embracing everything that modern living has to offer, there are some art forms that are being forsaken along the way, take writing for example. Very often we use words now as little as possible, with communications limited to an amount of characters or words.



benefits. What has also been shown is that those that are more honest and descriptive about the more negative aspects of the day, have better long-term outcomes than those who keep their narratives on the more neutral side.

If people have trouble opening up during a psychic reading or more conventional

counselling, then it can be helpful to use what they have written in diary or story form as a jumping off point. Sometimes clients find it easier to talk more in the abstract about a story they have written rather than describe things as themselves, but the themes in the stories very often have parallels in their own life situation.

They say each of us has at least one book in us, but if the thought of writing anything of length fills you with dread, then don't worry as you can still make use of expressive writing but in shorter form. Studies have shown that if you have a regret - this can be from the past or present, something you did or said, or equally something you wish you did but didn't and so on... then write it down on a piece of paper. The next step might seem a little odd, but it is recommended that you seal that regret in an envelope. Placing the regret in the envelope provides a form of closure that you otherwise would not get from just thinking or merely writing down the regret. Those that periodically deal with any feelings of regret, remorse, guilt and so on like this find they achieve a better mood and feeling of well-being, than those that don't acknowledge or deal with the emotions in anyway.

One of the reasons this is quite sad, is that the benefits of writing expressively has many therapeutic health advantages.

When we talk about 'expressive writing'; this can take on many forms - you might write short stories or poems for fun or go to a creative writing class. But at its simplest form you may just write down a few notes about your day, especially any incidents that happened, and how you felt.

Scientists are not entirely sure why expressive writing works, but it is likely the action of putting pen to paper, that lets people fit the experiences of the day into the narrative of their lives and in turn make sense of what happened, and perhaps more importantly whether they might do anything differently should the situation arise again.

The ability to make sense of a problem, is what gives us back a feeling of being in control, and with it a reduction in our stress and anxiety levels.

One thing to be mindful of is that when you fist start writing about any emotional episodes or things that are troubling you, you may feel worse to begin with. But after several days of documenting your feelings in this way you begin to see the

If you are growing herbs in your garden or buying them to cook with, then you are likely already aware of how pretty them can be, and just how magically they can transform a home cooked dish. But you might not be aware of the more spiritual properties they are associated with.

Rosemary for example has long been used in magic, but also as an essential oil or as incense. It is associated with star sign Leo and planet – The Sun. It is known for its healing abilities, providing mental clarity, strength, stress relief, improved memory, protection and love and also has a purifying and healing energy.

Thyme can again be used as an essential oil, or the leaves can be burned as a form of incense, it can be consumed as a tea, or used in a poultice. It is the herb of 'psychic wisdom', is it associated with the planet Venus, element – water and star signs Taurus and Libra. This herb provides a healing detoxification and is associated with love and recovery.

Lavender is often used in a dried form to make a home smell nice, and also to induce sleep. It is an herb associated with beauty, relaxation and cleansing. It offers protection, love and intuition. Connected to the planet Mercury, element Air and star signs Gemini and Virgo.

Sandalwood is an aromatic herb, and one more closely associated with perfumes, it embodies spirituality and was once considered quite a 'hippy', 'witchy' herb! It represents psychic protection, well-being, purification and harmony. Element - water, planets - The Moon and The Sun and star signs Cancer, Leo and Pisces.

Cinnamon is often used in baking, and has a lovely fragrance, you might associate it with all things 'American', with Christmas, decorations, as sticks for use in hot drinks or as a spice. It is fact a spice and an herb. It is also produced as an oil that can be used sparingly on the body. It is associated with the planet – The Sun, element – fire and star signs Aries and Leo. It is very much about love, passion and lust!

Mugwort may not be an herb you are as familiar with, but it is very closely connected to psychic awareness - intuition, visions, and all forms of divination. It does have a toxic element, so should be used with care. Its element is – earth and star sign Libra.

# Astrology

# with our expert Carol Day

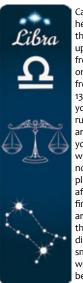


The Sun continues to shine on your parade and prepares you for 'a being ready for anything' mode. You'll be happily meeting new friends and groups that are outside the norm. Plus, two eclipses, a Solar Eclipse on the 13th in the home/ family sky, and a Lunar Eclipse on the 27th. which focus on family changes, nothing you can't handle. Lessen your schedule and relax; and it wouldn't hurt you to laugh more often: laughter is a powerful healing





July is basically a happy and prosperous month for lovely Gemini, though two eclipses will ensure that life never gets boring and will keep you on vour toes. Moneywise you financial thinking hasn't been realistic and you need a new money strategy, changes you make now will ensure future prosperity. The Solar Eclipse 13th shows cars and computers need testing, plus Pluto health regimes need looking at, and the Moon Eclipse 27th say no to travel around



Career is the main headline this month. there could be shakeups on the career front in your company or industry, it all starts from the Solar Eclipse 13th, which falls in your career sky. The rules of the game are changing and you'll need to adapt which should prove no trouble. Money planet Pluto is also affected - it seems financial prospects are better than you thought. A candle-lit dinner for two will smooth over troubled waters with the beloved.







Many people see you as a go-getter, travel-lover, and work-horse, however the cosmos has other plans and you have to ease the pace this month, since a Solar Eclipse on 13th is in vour transformation sky. This means you'll be faced with family dramas, perhaps related to tax/insurance issues, and even neighbourhood concerns. The Lunar Eclipse 27th impacts forms of communication, cars/computers could get tested. A courageous Centaur comes to the rescue!



Moon-folk may find themselves basking in the sunshine and enjoying life in the birthday lane. Health is better, you feel re-energised and you look and feel great. Last month was prosperous, this month even more so, as the Sun moves into your money sky on the 22nd it is more powerful than usual. Venus' presence in your money sky means home and family spending and when Mercury links in, he favours business that appeals to youth, you'll feel young again!



July blesses you with star quality, you are strong and energetic, and have great magnetism, but how do others see you? The Solar Eclipse of the 13th falls in your spiritual sky and urges a personal rethink, a redefinition of who you are, and the image you project to others. Change the way you think and your appearance will follow suit, this is in accord to spiritual law. The 27th Moon Eclipse reviews your love-life, so take it in your stride and relax over the eclipse



Virgo's are bathed in cosmic light, just as two eclipses are shaking up the world, you seem relatively untouched by them. The cosmic purpose of an eclipse is to clear away things that obstruct the Divine Plan of your life. The Solar Eclipse 13th falls in your friendship sky so you'll be supporting them in your caring way. The Moon Eclipse 27th is in your health/work sky, which shows a new job and a new health regime, the cosmos only wants what's best for you.



Capricorns love and social affairs are in full swing as you scale the heights in these areas. There's no shortage of admirers, new and old relationships get tested, as the Solar Eclipse on 13th occurs in your love sky. Good sound relationships will survive and even get better, this also applies to friendships as Pluto is affected. The Moon Eclipse on 27th impacts on your finances, ask an expert. There's a song in your heart, and they say love conquers all



Water-bearers have a 'can do' spirit in July, so you'll be getting things done quickly. And you have Mars to thank for the extra energy and courage to take on these necessary projects. Both eclipses, the Solar 13th and Lunar 27th are powerful, but the Lunar Eclipse impacts you most as it occurs in your own sign and affects Uranus your ruler, so time to relax. The Solar Eclipse falls in your health/work sky, so you can see career progress and explore a new health regime.



Put holiday plans on hold this month and enjoy leisure time nearer to home, as Pluto your travel planet feels the impact of the Solar Eclipse on 13th. If you must travel avoid the eclipse period and allow more time to get to your destination. Health/work sky is also affected so you'll be smoothing troubled waters at home/work, but the Sun's eclipse is benign for you. A Moon eclipse in your spiritual sky alludes to shifts in teachers and practice. Say a little Prayer.

14 | FREE SPIRIT | 15



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